

Why Complaining is a Bad Idea

If you've ever read the Old Testament, you quickly learn one thing: Yahweh does not like when people complain! In fact, He sometimes punishes them severely. Take ancient Israel, for example. These were Yahweh's own people. After He led them out of Egypt, they immediately began complaining about one thing after another. They actually wanted to go back to Egypt, to the very place they were treated harshly as slaves. Eventually, Yahweh got so tired of hearing Israel complain, that he made them wander in the desert for forty years.



Why does Yahweh hate complaining so much? thing, For one complaining squashes gratitude. We are to constantly thank Yahweh for every-Complainthing. ing also tells Yahweh that you don't trust His plan for your life. Yahweh

always knows what He is doing in the lives of each and every one of His people. He allows trials sometimes to test our faith in Him. Sometimes trials also teach us compassion for others. And sometimes trials are indeed a punishment for our sins.

Learning to not complain is truly one of the most important things that we can learn. When we stop complaining, we may notice that you get along better with other people. We may also realize how many blessings we actually have already, when we refuse to allow complaints to leave our mouths. Studies even show that people who practice gratitude are healthier than others! Thank Yahweh for His awesome works in our lives!

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Do all things without grumbling or disputing; so that you will prove yourselves to be blameless and innocent, children of Elohim above reproach in the midst of a crooked and perverse generation, among whom you appear as lights in the world,

Philippians 2:14–15 NASB

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What did you learn?

- 1. How many years did ancient Israel have to wander the desert due to their disobedience?
- A. 10.
- B. 20.
- C. 30.
- D. 40.
- 2. What is at least one reason Yahweh allows trials?
- A. To test our faith.
- B. To make us feel bad.
- C. To make us angry.
- D. To cause family problems.
- 3. What should we practice instead?
- A. Revenge.
- B. Trust in Yahweh.
- C. Gratitude for all our blessing.
- D. Both B. and C. are correct.
- 4. Which of the following statements are true?
- A. Ancient Israel wanted to return to Egypt despite the harsh conditions they endured.
- B. Yahweh does not like complaining from His people.
- C. We are to always thank Yahweh.
- D. All the above are true.
- 5. What results might you see if you eliminated complaining?
- A. You might get along better with people.
- B. You might see how blessed you really are.
- C. Yahweh would approve of you if you didn't complain.
- D. All are true.





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Don't Complain!

Find the words related to page one

	Τ	Y	Н	L	В	Н	V	В	Ι	E	Р	A	S	G	T
	Н	Y	D	Т	Т	L	J	N	U	Q	N	Н	N	Н	Р
EGYPT	A	F	N	R	L	I	E	Q	U	С	K	I	Χ	Y	Y
ANCIENT	N	I	U	Χ	U	A	Н	S	I	Р	N	U	Q	Т	G
ISRAEL	K	M	I	K	С	N	E	E	S	I	F	Z	F	С	Ε
	F	F	J	F	Т	E	N	Н	А	I	Р	K	Χ	Z	Р
COMPLAINING	U	F	В	V	L	Т	W	L	V	R	N	Т	Т	Z	В
TRUST	L	E	A	R	S	I	P	K	N	S	D	G	0	В	Н
	Χ	U	В	Χ	U	M	M	L	P	F	R	M	S	Т	V
GRATITUDE	Χ	Y	Т	Т	0	Y	Q	R	J	I	F	A	S	I	Т
HEALTH	С	W	L	С	S	P	Т	E	Р	Y	A	U	N	Н	A
THANKFUL BLESSINGS	G	R	A	Т	I	Т	U	D	E	0	R	Z	Z	V	N
	A	Ε	Р	R	P	U	W	0	Y	Т	Y	В	I	S	M
	С	P	Н	D	I	L	Н	Τ	W	Y	N	Т	X	W	Z
	А	M	J	F	Т	L	F	U	Χ	Р	G	I	N	G	Z

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Gratitude List

Gratitude is extremely important! Take the time now to write a list of all the things you are thankful for. You may want to keep this list in a place where you can easily see it. Read your list when you are feeling sad and it might just cheer you up to see all the blessings you have! If you need more space, feel free to write on blank paper.

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